

*Many Hearts. One Hope.*



I have a medical condition called  
***Multiple System Atrophy (MSA)***

## **What is MSA?**

Multiple System Atrophy (MSA) is a rare, rapid progressing neurodegenerative disorder. MSA impairs the systems that regulate blood pressure, heartrate and the bladder - many of the basic bodily functions that people take for granted every day. Presently, there is no cure for MSA, no genetic tests and very few treatments.

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PLEASE DONATE: [www.defeatmsa.org/donate-to-us/](http://www.defeatmsa.org/donate-to-us/)

***Help Us Help People Suffering With Multiple System Atrophy!***

# I HAVE A NEUROLOGICAL DISEASE CALLED MULTIPLE SYSTEM ATROPHY (MSA).

MY NAME IS: \_\_\_\_\_

MY EMERGENCY CONTACT IS: \_\_\_\_\_  
\_\_\_\_\_

OTHER FACTS ABOUT MY HEALTH:

ADVANCE DIRECTIVE (CIRCLE) YES NO

MY PRIMARY/NEURO DOCTOR IS: \_\_\_\_\_

HIS/HER CONTACT INFO: \_\_\_\_\_  
\_\_\_\_\_

## MSA MEANS I HAVE:

- Ataxia – problems with balance and walking
- Dystonia – muscle contraction problems
- Dysarthria – difficulty speaking
- Orthostatic Hypotension – dizziness or fatigue when standing
- Bladder Problems – urgency or incontinence

## Notes for Care Providers:

These symptoms may vary in intensity.  
Please allow extra time  
for communication and mobility.